



Sparta Elementary September 2017 Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4 <i>No School Labor Day</i>	5 <i>Egg & Cheese on Bun</i> <i>Chicken Patty Sandwich</i> <i>Garden Salad</i> <i>Mac & Cheese</i> <i>Apple</i>	6 <i>Pop-Tart</i> <i>Sloppy Joe</i> <i>Tater Tots</i> <i>Corn</i> <i>Pears</i>	7 <i>Waffle Mini's</i> <i>BBQ Chicken on Bun</i> <i>Baked Potato</i> <i>Baked Beans</i> <i>Applesauce</i>	1 8 <i>Sausage Biscuit</i> <i>Garden Bar 2nd-4th</i> <i>Pizza</i> <i>Vegetables & Dip</i> <i>Fresh Fruit Salad</i> <i>Sherbet Cup</i>	2 9 <i>All School Lunches are planned to meet the USDA guidelines to serve healthy meals to your stu- dents</i>
10 <i>All Breakfast are offered with 1 cup of fruit. We Offer flavored and non-flavored low fat milk with every meal.</i>	11 <i>Pancake on Stick</i> <i>Garden Bar 2nd-4th</i> <i>Hamburger</i> <i>French Fries</i> <i>Corn</i> <i>Applesauce</i>	12 <i>Cini Mini</i> <i>Pizza Casserole</i> <i>Cheese Bread</i> <i>Garden Salad</i> <i>Pears</i>	13 <i>Cereal / Yogurt</i> <i>Deli Sub</i> <i>Northern Beans</i> <i>Carrots & Tomatoes</i> <i>Sliced Peaches</i>	14 <i>Chicken on Biscuit</i> <i>Biscuit & Gravy</i> <i>Bacon & Potato Wedges</i> <i>Veggie Juice</i> <i>Fresh Fruit</i>	15 <i>Breakfast Round</i> <i>Garden Bar 2nd-4th</i> <i>AJ's Pizza</i> <i>Veggies and Dip</i> <i>Ice Cream Cup</i> <i>Fresh Fruit</i>	16
17	18 <i>Breakfast Pizza</i> <i>Garden Bar 2nd-4th</i> <i>Pizza Crunchers</i> <i>Northern Beans</i> <i>Carrot Stick</i> <i>Applesauce</i>	19 <i>Egg & Cheese on Bun</i> <i>Walking Taco</i> <i>Cheese</i> <i>Garden Salad</i> <i>Peaches</i>	20 <i>Pop-Tart</i> <i>Chicken Nuggets</i> <i>Green Beans</i> <i>Rice</i> <i>Pineapple</i>	21 <i>Waffle Mini's</i> <i>Chicken Patty</i> <i>Bread Stick</i> <i>Carrots</i> <i>Scalloped Potatoes</i> <i>Mixed Fruit</i>	22 <i>Sausage Biscuit</i> <i>Garden Bar 2nd-4th</i> <i>Bosco Stick</i> <i>Garden Salad</i> <i>Fresh Fruit</i> <i>Ice Cream Sandwich</i>	23
24 <i>Breakfast is Free for ALL Lunch \$2.05 Reduced \$.40 Snack Milk \$.30</i>	25 <i>Pancake on Stick</i> <i>Garden Bar 2nd-4th</i> <i>Grilled Cheese</i> <i>Brown Beans</i> <i>Lettuce Salad</i> <i>Applesauce</i>	26 <i>Cini Mini</i> <i>Meat Loaf</i> <i>Bread Stick</i> <i>Mash Potatoes/ Gravy</i> <i>Green Beans</i> <i>Peaches</i>	27 <i>Cereal / Yogurt</i> <i>Nachos</i> <i>Garden Salad</i> <i>Strawberries</i> <i>Brownie</i>	28 <i>Chicken on Biscuit</i> <i>Biscuit & Gravy</i> <i>Bacon & Potato Wedges</i> <i>Veggie Juice</i> <i>Fresh Fruit</i>	29 <i>Breakfast Round</i> <i>Garden Bar 2nd-4th</i> <i>AJ's Pizza</i> <i>Veggies & Dip</i> <i>Juice Bar</i> <i>Fresh Fruit</i>	30 <i>This institution is an equal opportunity pro- vider. Menu subject to change. Any menu question or food allergy concerns please call 417-634- 3223 ext. 176</i>